

BURGERS

All of our signature burgers are served with your choice of fries, lagers, house salad or soup of the day.

Substitute caesar, greek, or mango salad, onion rings or sweet potato fries for 2
Substitute tap poutine, jalapeño soup, french onion soup or mac & cheese for 2.5
Add homemade gravy for 1

CLASSIC BACON & CHEESE | 15.5 ☆

Hand pressed sirloin burger topped with bacon & aged cheddar, lettuce, tomatoes, ale mayo and onion, topped with a fried dill spear.

OLE' BURGER | 15.5

Hand pressed sirloin burger topped with house made chipotle sauce, bacon, jalapeño/jack cheese, caramelized onions & banana peppers.

Substitute chicken breast on any of our burgers!

Gluten free buns available

SMOKIN RED COAT | 15.5

Hand pressed sirloin burger topped with Redcoat Ale chipotle mayo, bacon, smoked gouda and onion rings.

THE LUMBERJACK | 16.5

Hand pressed sirloin burger topped with back bacon, aged cheddar, fried egg, marmalade mayo served on a grilled english muffin.

ANGRY IRISHMAN | 16.5

Hand pressed sirloin burger topped with apricot candied bacon, Guinness aged cheddar, 40 Creek Whiskey barbecue sauce, onion rings and ale mayo.

MALIBU BURGER | 15.5 ♣

Vegan veggie style burger made from all organic ingredients, brown rice, rolled oats, corn, carrots, onions and peppers seasoned with organic spices.

MOZZA MUSHROOM BURGER | 15.5

Hand pressed sirloin burger topped with mozza cheese, sautéed garlic mushrooms, lettuce, tomato, onion and our special sauce.

PUB FAVOURITES

MARKET MAC & CHEESE | 12.5 ☆

Comfort food at its finest. Made from a blend of Canadian cheeses, fresh cream and macaroni. *Add bacon 2*

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Substitute tap poutine, jalapeño soup, french onion soup or mac & cheese for 2.5
Add homemade gravy for 1

FISH AND CHIPS | 15.5

East coast beer battered haddock served with coleslaw & homeade tartar sauce.

WESTERN STEAK SANDWICH | 15.5 Ⓞ

Charbroiled 7oz. sirloin grilled to your liking served on garlic toast, topped with crispy onion rings. *Add sautéed mushrooms 2*

CHICKEN OR FISH TACOS | 16.5 Ⓞ

Grilled, marinated Chicken or Fish, topped with cabbage, avocado & cilantro drizzled with chili lime aioli and served with homemade salsa on fresh corn or flour tortillas.

CHICKEN TENDERS | 14.5 - 12.5 (no side)

Tender chicken fillets with your choice of dipping sauce.

QUESADILLA | 14.5

A 12" white or whole wheat tortilla with tomatoes, green onions & orange peppers, cheddar/mozza mix and your choice of grilled chicken, cajun chicken or seasoned ground beef, with homemade salsa and sour cream.

CHICKEN FAJITAS | 14.75

Tender chicken sautéed with mushrooms, onions and peppers in our homemade fajita marinade. Served with warm corn or flour tortillas and pico de gallo.

ALL DAY BREAKFAST | 10.75

Two eggs, bacon, ham and cubed hash browns served with white or brown toast.



FOOD MENU



4245 ROCHDALE BOULEVARD | REGINA, SK

WWW.THETAP.CA

☆ SIGNATURE DISH ♣ VEGETARIAN Ⓞ GLUTEN FRIENDLY

*Please note that gluten is used daily in our kitchen and we cannot confirm that any menu item is 100% gluten free. If you are highly allergic please inform your server prior to ordering.

STARTERS

WESTENDER WINGS | 12 ☆

A pound of breaded chicken wings, non-breaded or boneless with carrot & celery sticks.

BONELESS DRY RIBS | 13.5 ☆

Tender pork ribs, breaded & tossed in your choice of sauce.

WING & RIB FLAVOURS

HOT • BBQ • HONEY GARLIC • LEMON PEPPER • GREEK • BUFFALO RANCH • TERIYAKI • FIRE & ICE • SWEET THAI • GARLIC PARMESAN • SEA SALT & CRACKED PEPPER

PIZZA BONES | 10" 11.5 | 12" 14.5 | 15" 16.5

Pizza bread with herb and garlic butter or Italian dressing topped with cheese. Served with ranch or pizza sauce for dipping. *Add bacon, green onion and tomato to kick it up a notch! 1 per topping!*

APPY RIBS | 14

Baby back single ribs slow roasted, served Greek, Lemon Pepper, or our famous seasoning.

FRIED DILL SPEARS | 10.5

Fresh dill spears lightly breaded & fried served with your choice of ranch, buffalo ranch or honey dill for dipping.

STUFFED MUSHROOMS CAPS | 13.5

Button mushrooms caps stuffed with crab, herbs & a cream cheese blend. Served with garlic toast.

NACHO PLATTER | Full 20 - Half 15

Hand cut corn tortillas piled high with tomatoes, green onion, green peppers, olives, jalapeños and jack & cheddar cheese.

Add blackened chicken or ground beef 4

Add guacamole 2 | Add extra cheese 3

MUNCHIE PLATTER | Full 30 • Half 20 ☆

Dry ribs, wings, nachos & fries. Served with veggies and dip.

Substitute sweet fries or onion rings 2

SPINACH DIP | 12.50

Fresh spinach mixed with a four cheese blend and a splash of Noble beer, served with pita bread & nacho chips for dipping.

FRIES | 6

Generous portion of crispy thick fries.

SWEET POTATO FRIES | 8

Yam fries cooked to perfection, served with our homemade honey dill dip.

TAP POUTINE | 10

Thick cut fries with fresh mozza and homemade gravy.

TAP LAGERS | 6.50

Thinly sliced potatoes deep fried and seasoned to perfection, served with chipotle mayo.

ONION RINGS | 9

A heaping stack of gourmet onion rings served with chipotle mayo.

LETTUCE WRAPS | 13.50

Your choice of buffalo chicken or sweet Thai chicken

Buffalo Chicken | Bacon, chicken, green onion, tomato, aged cheddar tossed in a spicy buffalo sauce.

Thai chicken | Chicken, red onion, peppers, rice noodle in a sweet Thai sauce.

TAP FLATBREAD | 11.50

Flat bread topped with sun-dried tomato pesto, mozza cheese baked to perfection garnished with fresh tomatoes, basil pesto, balsamic glaze and fresh parmesan

Add chicken 4

KETTLE & GREENS

SOUP OF THE DAY | Cup 4 – Bowl 6

A savory soup homemade daily! Bowl size served with garlic toast.

OUR FAMOUS JALAPEÑO SOUP | 9 ☆

Fresh cream, aged cheddar and jalapeño simmered to perfection & topped with puff pastry. Served with garlic toast.

FRENCH ONION SOUP | 9

Beef and wine - based broth with caramelized onions, topped with a crispy baguette and swiss cheese. Served with garlic toast.

CAESAR SALAD | 13 • Starter size 4

Crisp romaine lettuce tossed with creamy Caesar dressing, parmesan cheese & croutons. Served with garlic toast.

Add grilled or blackened chicken to any salad 4

TOSSED SALAD | 12 • Starter Size 3

Spring Mix topped with fresh vegetables. Served with Garlic toast

GREEK SALAD | 13 • Starter Size 4

Fresh vegetables, Kalamata olives and feta tossed in a creamy Greek dressing, served on fresh romaine lettuce. Served with garlic toast.

MANGO SALAD | 14 • Starter Size 5

A spring mix, topped with seasoned chick peas, fresh mango, goat cheese and drizzled with our homemade Caribbean mango dressing.

THE TAP CHOP SALAD | 16 ☆

Grilled chicken, avocado, roma tomatoes, bacon, egg, ham and veggies on a bed of spring mix lettuce. Served with garlic toast and your choice of dressing on the side.

TAP TACO SALAD | 16 *gluten free without the bowl*

Romaine lettuce topped with onions, tomatoes, peppers your choice of blackened chicken or seasoned ground beef topped with cheddar/jack cheese in a crispy taco bowl. Served with taco chips, sour cream & homemade salsa on the side.

SANDWICHES

All of our sandwiches are served with your choice of fries, lagers, house salad or soup of the day.

Substitute caesar, greek, or mango salad, onion rings or sweet potato fries for 2

Substitute tap poutine, jalapeño soup, french onion soup or mac & cheese for 2.5

Add homemade gravy for 1

LONG BEACH CLUB | 15.5 ☆

Blackened chicken, guacamole, back bacon, aged cheddar, lettuce, tomato and roasted beet mayo served on a grilled ciabatta bun or in your choice of white or whole wheat wrap.

PULLED PORK PRETZEL | 15.5

Slow roasted pork with Mississippi BBQ sauce topped with jalapeño slaw & bacon served on a warm pretzel bun.

BEEF BRISKET | 15.5

Shaved AAA Canadian beef piled high on a ciabatta bun, topped with caramelized onions and onion rings.

CHICKEN BACON AVOCADO WRAP | 14.5

Blackened chicken, bacon, aged cheddar, avocado, lettuce, and chili lime aioli in your choice of white or whole wheat wrap.

BUFFALO CHICKEN WRAP | 14.5

Grilled chicken topped in our house made buffalo sauce with aged cheddar, lettuce and tomatoes in your choice of white or whole wheat wrap.

MAC & CHEESEBURGER WRAP | 14.5

Our famous mac & cheese mixed with seasoned ground beef, tomato, onion and pickles with a hint of mayo. Served in your choice of white or whole wheat wrap.

ROCHDALE CLUB | 14.5 ☆

Grilled chicken, bacon, aged cheddar, lettuce, tomatoes and ale mayo on a grilled ciabatta bun or in your choice of white or whole wheat wrap.

MEATLOAF SANDWICH | 15.5

Just like Mom's! AAA Canadian hand pressed beef spiced gently with our homemade Applewood BBQ sauce, smoked cheddar, and served on a pretzel baguette. Topped with caramelized onions.

GOURMET HOT DOG | 12.75 ☆

A famous Nathan's jumbo hot dog with bacon & cheese served on our homemade bun! *Ask your server about our gourmet hot dog of the month!*

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Prices do not include PST or GST. Please inform your server of any allergies.

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